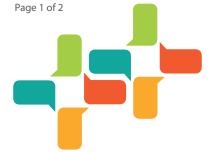
# Fact Sheet - Assyrian

# حەدمە جېجدًا

The Male Condom



### مَوْدِبَ مِكِمَ حَوْدِوْمَ دِكْتِدُّدَ؟

### دِّيْجِبِ جِهِ فَكِس حَفْعَدِفْحِ؟

حفحون چه هیه که جدود نه دهجه دیده و کهده هیکه دهمه که دیمه که دیمه ده دهمه دیده در میکن در می

### حقد ہقب چہ قیس حفیدہج؟

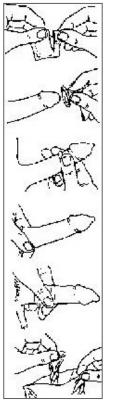
حفده قِع جِه قَلْسَبِ قَتْم وَسَبِ 1 ، فَنَعْ مِنْهُ مَدُه مُوفِيهِ هَدَبِيْءَ بِهُ حَدَلَ يُحْدَدُ بُكُ بُكُ حَدُلُ يُحْدَدُ نُهُ بُكُ حَمْمُ وَقَدِم هَلَاثُمْ مَكُهُ بُكُ حَمْمُ وَقُدِم هَلَاثُمْ مَكُهُ بُكُ حَمْمُ وَقُدِم مُوفِيهِ عَنْهُ عَلَى اللهِ عَلَى اللهِ عَلَى اللهُ عَلَى اللهُولِ عَلَى اللهُ عَلَى اللهُ عَلَى اللهُ عَلَى اللهُ عَلَى اللهُ ع

### مُعب مُعلا دَمُعلِسلِه حَمْدَهُم؟ -

هُوهَا وُودًا دِكِٰتِدًا فَهِ دِهُوكِسِيكِو حَفْدِهُم.

### دُيجِب جِي هُفِينِيهِ مِنْ حَفْدَةُ حِ؟

- - تحريب حقه م جمعة جوهوبي محافري من ميا يوووبه ٢٠٠٠
- ب خ تَمَدَ جُمهُ فَيْ يَهَدُنَيْ مَجَع شَدَم جدم بْنْ دْهِي، دَبهُ عالى حدده ما يحيث جدم بْنْ دَهْ دَهْ دَهْ مَدْ دُرْ مَدْ بَا يَعْ مَا يَعْ مُوه هُ دَبْدُ إِدْنَ كَمْ عُلِي كَبْدُو، مَدْ بَسْمَ مِي مُدْدِهِ مِي كَنْدُه كَذَهُ كُنْه يُعْ مِي هُ دُرْ جُدُرِه مَا جُدْدِه مِي هُ مِي جُدْد مِدْهِ مِي جُدْد مِدْهِ مِي هُ مِي حَدْد مِي هُ مِي مُنْ مِي مُنْهِ مِي هُ مِي مُنْهِ مِي هُ مِي مُنْهِ مِي مُنْهِ مِي مُنْهِ مِي مُوا مِي مُنْهِ مِي مُنْهُ مِي مِي مُنْهِ مِي مُنْهِ مِي مُنْهِ مِي مِي مُنْهِ مِي مُنْهِ مِي مُنْهِ مِي مُنْهِ مِي مِي مُنْهِ مِي مِي مُنْهِ مِي مُنْهِ مِي مِي مُنْهِ مِي مُنْهِ مِي مُنْهِ مِي مِي مُنْهِ مِي مُنْهِ مِي مِي مُنْهِ مِي مُنْهِ مِي مُنْهِ مِي مُ
  - حلفسیه حفیده و معهوده ویده کمیشه کشعمیه جدودنی کیّمه دحفیده
- خدهی که حدیده حرب که سدّه تیکستْ دهد قشه هدیده که هدته درسته دهنی دده میکه ده فیکه در قیم که محمودی ده فیکه دیگیه
  خدهیه که حده میکه دهنی محمودی ده فیکه ده فیکه در میکه در



### ججهٰد:

- بَعَدِبُونَ حَفَدِوْقِعَ ثِمَ سَدِّدَ وَمِثْمَ فِيسَتُمْ هِي حَسَمِدَمٌ وَخُوثُمُ وَمُثَارًا مُعْدُدُ وَمُثَارًا مُعْدُدُ وَمُثَمِّ مُعْدُدُ وَمُثَارًا مُعْدُدُ وَمُعْدُدُ وَمُعْدُونُ وَمُعْدُدُ والْمُعُمِّ مُعْدُدُ وَمُعْدُدُ والْمُعُمُونُ وَالْمُعُمُ وَالْمُعُمُ وَالْمُعُمُ وَالْمُعُمُونُ وَمُعْدُمُ وَالْمُعُمُ والْمُعُمُ والْمُعُمُ والْمُعُمُ والْمُعُمُ والْمُعُمُ والْمُعُمُ والْمُعُمُ مُعْمِعُ مِنْ مُعْمِعُ والْمُعُمُ والْمُعُمُ مُعِمُ مِنْ مُعْمِعُ
- م باسبان منهم دسور وسمنه وسعبه من مربع من منه وسماده من منه وسماده من منه وسماده منه وسماده منه وسماده منه وسماده منه وسماده و سماده وسماده وسماده وسماده وسماده وسماده وسماده وسماده وسماده و
- بِسعبكِه قَحبة كَبُحودِد عَد دِكَم حكِه عَدبكِه يَه عَجه عميشة
- پرا پوییا داپنقرا به ویترا (داپنی و میدا) برساده میسدد به باید داشتهای میسدد میاسید.

### البه هُمَّا فَكُمِّا كِتُعْتِا؟

هُمُهُ كِنه فَكَيّهُ يَتَعَيّهُ، عَجَمُع هِم يْهِ فِيهُ عَبِهُ لَهُ هَمْهُمْ (وَهُمَهُمْ لَهُمْهُمْ) كَمْ يُهِم فَكُمْ يُهُ عَبِهُ وَهُمُهُمْ اللّهُ عَلَيْهِ مُحْمَدِهُمْ عَمْهُ وَهُمُهُمْ عَمْهُ وَهُمُهُمْ عَمْهُ وَهُمُ عَمْهُ وَعُمْ عَمْهُ وَهُمُ عَمْهُ وَهُمُ عَمْهُ وَهُمُ عَمْهُ وَهُمُ عَمْهُ وَهُمْ عَمْهُ وَهُمُ عَمْهُ وَهُمْ عَمْهُ عِلْمُ عَمْهُ وَعُمْ عَمْهُ وَالْمُعُمْ عَمْهُ وَالْمُعُمْ عَمْهُ عِلَامُ عَمْهُ عَلَامُ عَمْهُ عَلَامُ عَمْهُ عِلَامُ عَمْهُ عَلَامُ عَمْهُ عِلَامُ عَمْهُ عِلَامُ عَمْهُ عِلَامُ عُمْهُمُ عَامُ عَلَامُ عَمْهُ عِلْمُ عَمْهُ عِلَامُ عَلَامُ عَلَامُ عَمْهُ عَلَامُ عَلَامُ عَلَامُ عَلَامُ عَلَامُ عَلَامُ عَمْهُ عِلَامُ عُمُوا عَلَامُ عَلَامُ عَلَامُ عَلَامُ عَلَامُ عَلَامُ عَلَامُ عَامُ عَلَامُ عَمْهُمُ عَلَامُ عَلَ

### سِم دِهْقِهِ إِسْمِهُهِ هُذُكُهِ 1300 886 658 عُدُدُهِ السَّهِ عَلَيْهِ عَدْدُهِ السَّهِ السَّهِ السَّهِ السَّ

سِكَجُيِّ دِحِيه ٤ وَهُنَا وَجُوهُ وَخُعُومُ الْمُكَفِّعُ وَمُوكَفِّدُ الْمُوفِّدُ لِحَجِيدًا لِمُحَفِّدُ مِجْبُكُنَا

حودَثَهَة وهيُجُهِدُ وجُحدُومَة وصحهُ هُمه صُحْم بَيِّه ضِو جهدَتُهُا ذُر هُم فَحَتْ ووورَه فَعَيْدَ حِيْه صُوفُ لَعَبْ وَوَجِدَوَدُهُ وسوكُمُتَة وصدهُ هُمه صُحْف



### دِّنجِب مُعِمه دِمُعِمه كهه ، حَمْعَدَهُ وَعِنْ؟

قىيىم دۇجىم كەن، حەددەقدى جې ئىلات دەھنى دھىلىجىڭ دۈلىمەڭد، ئىندىنى، ئىلات دەھنى دىدھىمة، قىدىق دەوقىد، ھەبدىقدىلى ئە دېدىدى. حەددەقدى ھەمدىي مىلىدى ئىلانىدى ھىنى دۆسىد وجىيى جې ھەھە دەدە دھەبدىقدىنى كەبىدى دۇلىنىدى.

### معدثته لدخذه

سُدِ حَمْدِهُم كُذِك دِقْيْت هَمِعِيْسٌ سَدِّد كُمُّهُ يُسِحِب.

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### عُن حمِت وُمدِن صِمحِنْحمِدَن

- تعدب بُك سَمِهُمْ هِكُكُمْ دِعَمِهُمُهُمْ دِهِبُهُمَمْ دِجُنَهُمْ دِجُنِهُمْهُمْ دِجُنِهُمْهُمْ دِجُنِهُمْهُم دِعَنَهُ هُمَهُ مُنْكُمْ هِعَنَيْتُمْ 658 886 1300، يُّهُ دَسَفَعَتُ كِتُمَةُمُ www.fpnsw.org.au/talkline
  - 133 677 (عَنْهُ يَنْقِهُ خِوْدًا) NRS •
  - دُومِت سَوْدَتُهُ بَيْهِ يُلْجِد مَكْخُهِمْ دَخِيمُومْهُ
    نُومِت سَوْدَتُهُ بَيْهِ يُلْجِد مَكْخُهِمْ دَخِيمُومْهُ

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حومةَهُا وطيُجُهمَ وجُلمومَا وصل قمه قلك بِيَّه بُو حومةَهَا فُرَ هَا سَتَمْ ووورَا العَبْدَ لِيِّه صووفًا حبْد ووبدومَا وسوكفتا وصل قمه قلك



# THE MALE CONDOM



### What Is The Male Condom?

The male condom is a tube of fine latex rubber which is closed at one end. It is worn on an erect (stiff) penis during sex, to prevent pregnancy. There are also non-latex male condoms made from a material called polyurethane. The male condom is usually just called a 'condom'. Condoms also help to prevent sexually transmissible infections (STIs), including HIV.



### **How Does A Condom Work?**

It catches the semen when the man ejaculates. Then the sperm in the semen cannot travel up to meet an egg and start a pregnancy.

### **How Well Does It Work?**

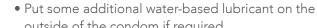
Condoms can work very well if they are used correctly every time. They are between 82% and 98% effective, depending how well they are used. This means that if 100 couples use them for a year then between 2 and 18 women will become pregnant.

### Who Can Use A Condom?

Most men can use a condom.

### How Do You Use A Condom?

- Condoms are individually wrapped in packets, so first carefully open the packet, making sure you do not tear the condom with your fingernails
- The condom will be rolled up. It will look like a circle of loose fine rubber with a thick rim, which is actually the rolled up condom. Make sure the rim is rolled towards the centre on the side facing you. This is important as it will then roll down properly
- Hold and squeeze the centre of the circle where the condom is loose, with your thumb and first two fingers. This will make space for the semen when you come. Some condoms have a special shape like a nipple at the end especially for this purpose
- The penis must be erect before you put on the condom. With the condom still rolled up, and while still holding the tip, put the condom on the head of the penis like a cap
- Using your other hand (thumb and first two fingers), roll the condom all the way down to the base of the penis
- outside of the condom if required



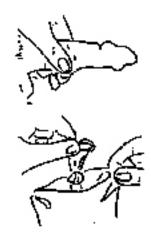
### www.fpnsw.org.au | talkline 1300 658 886 | bookshop

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- After sex and before the penis has become soft, hold onto the condom at the base of the penis so that the condom does not come off, and semen does not leak out, and carefully pull away from your partner
- Take off the condom and tie a knot in the open end to keep the semen inside the condom
- Wrap the condom in a tissue or some paper, and put it in the bin. Do not flush it down the toilet



## Remember:

- Store condoms away from heat and sunlight
- Check the expiry date on the pack before you use it
- Check that the condom packet has not been torn or opened
- Do not have any genital contact before you put the condom on

### **Are There Any Side Effects?**

There are no side effects, unless you are allergic to latex rubber or to the lubricant. This is very rare.

You can use non-latex polyurethane condoms as an alternative if you, or your partner, are allergic to latex rubber.

### **How Do You Get Condoms?**

You can buy latex condoms from Family Planning Clinics, pharmacies, sexual health clinics, vending machines, supermarkets and by mail order. Non-latex condoms are available at most large supermarkets and pharmacies.

### Things To Remember

A condom should be used ONE TIME ONLY.

Condoms can perish so keep them in a cool place and use them before the expiry date, otherwise they may break. Oil based lubricants can also make latex condoms break.

Condoms are self-lubricated but additional water-based lubricants can be also be used on the outside of the condom.

If you forget to use a condom, or you think it has not worked e.g. it breaks or slips off during sex, you can buy the emergency contraceptive pill (ECP) from a pharmacy. A woman can take the ECP within 120 hours after unprotected sex, to reduce the chance of pregnancy.

### For Further Information

- Contact the Family Planning NSW Talkline on 1300 658 886 or go to www.fpnsw.org.au/talkline
- NRS (for deaf) 133 677
- Or visit your nearest Family Planning clinic

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The information in this Factsheet has been provided for educational purposes only. Family Planning NSW has taken every care to ensure that the information is accurate and up-to-date at the time of publication. Individuals concerned about any personal reproductive or sexual health issue are encouraged to seek advice and assistance from their health care provider or visit an Family Planning NSW clinic.



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