

Fact Sheet

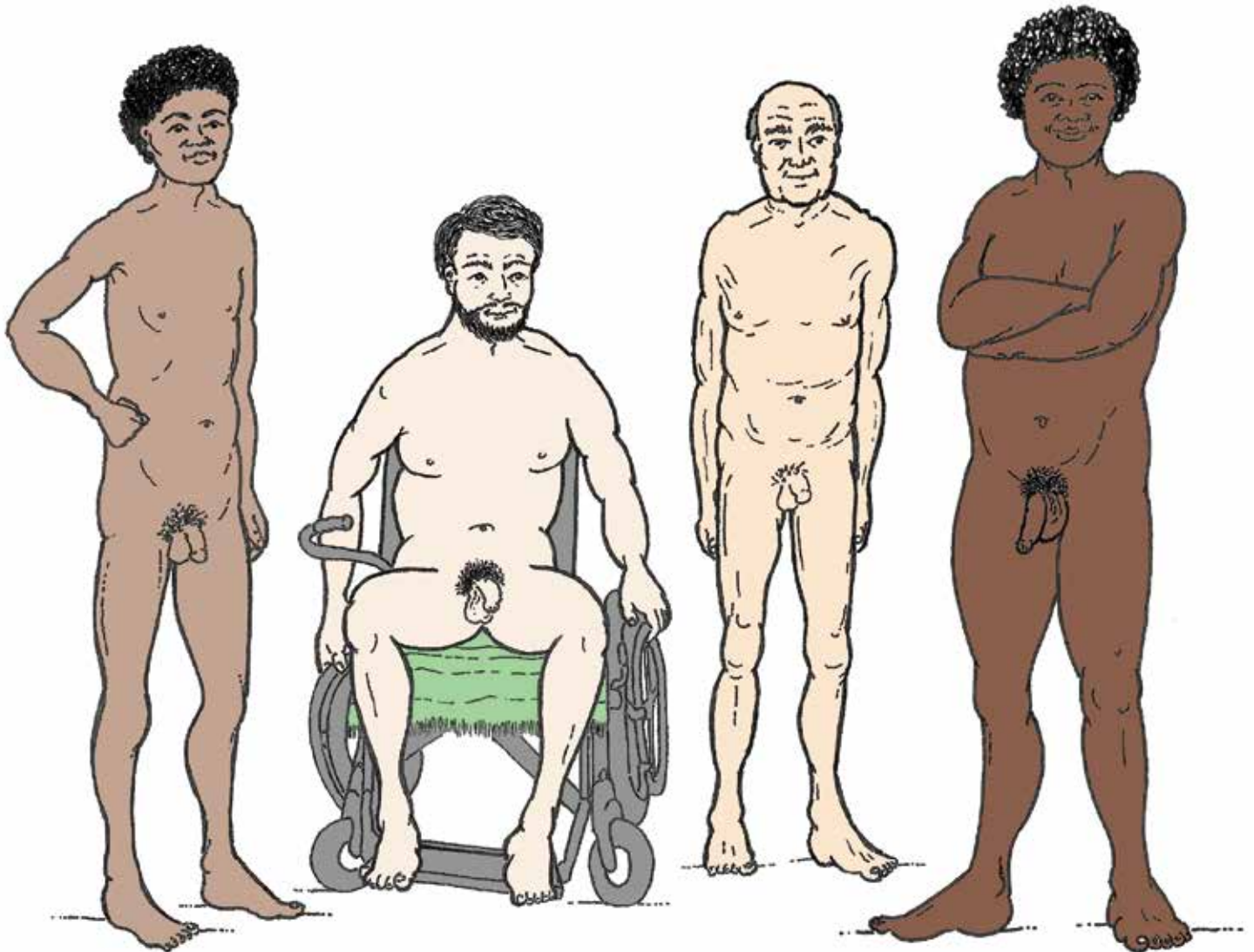
A Man's Body



Men are different shapes and sizes. Some men are happy with the way they look. Some men are not happy with the way they look.

Men have different coloured hair, some people have straight hair and others have curly hair. Some men have fair skin and others have dark skin. Some men are short and some are tall. Some men are fat, some men have big muscles and some men are thin. Some men have very hairy bodies and some do not have much hair at all.

However a man looks is OK.

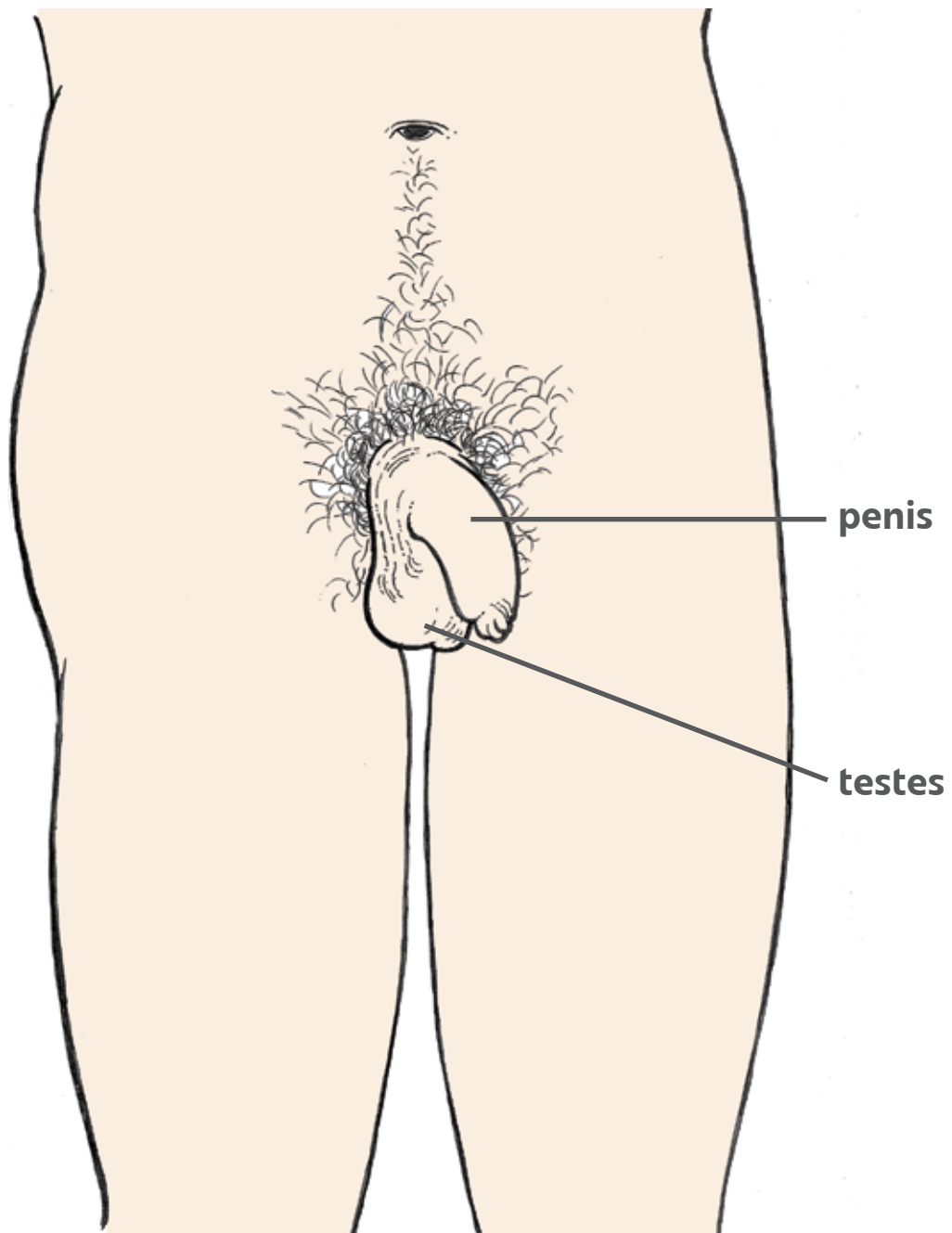


Private parts of the body

Most men like to know about their body and how it works. There are some private parts of their bodies that people do not talk about much. A man's private body parts are his penis, testes, anus and buttocks.

A man's penis

The penis is the part of a man's body that hangs down between his legs. There is a small hole at the end of the penis called the urethra where urine (wee) comes out when he goes to the toilet. The urethra is joined to the bladder. The bladder is where the urine is stored before the man goes to the toilet.



All penises look different

All men's penises look a bit different. A penis might be short or long, fat or thin, straight or bent. The penis has a piece of skin called a foreskin that covers the end of the penis. Some men have had their foreskin cut away when they were younger. This is called circumcision. No matter what a man's penis looks like, he can still do and feel the same things with his penis as any other man can.

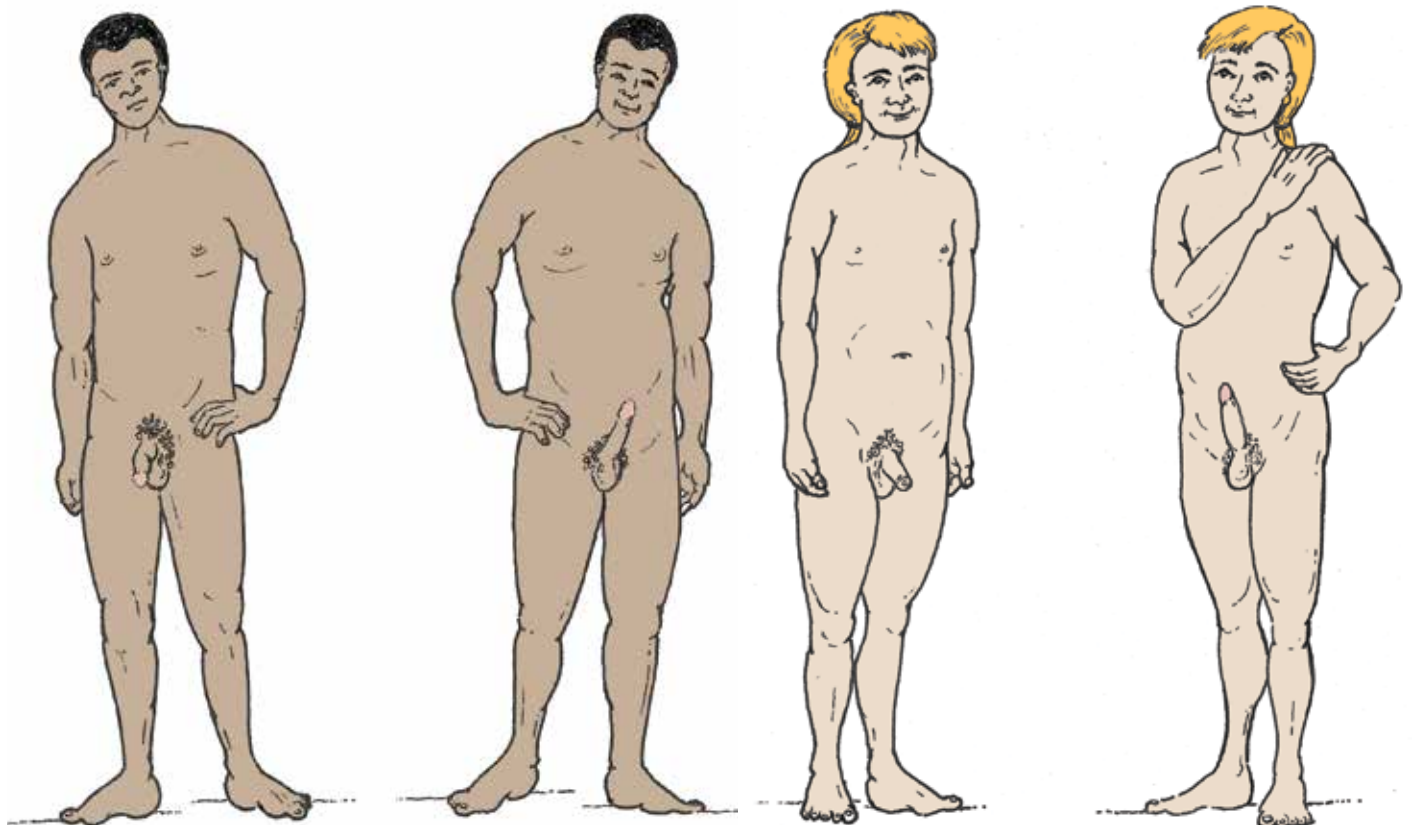
What is a man's penis for?

1. When a man goes to the toilet, the urine comes out of a small hole at the end of his penis called the urethra.
2. A man can have sex a few different ways with his penis. For more information go to the fact sheet called 'Having sex'.

What happens when a penis gets hard?

Sometimes boys and men get an erection. An erection is when the penis gets very hard and sticks out from the body. It may happen when a man wakes up in the morning. A man can also get an erection when he has sexy feelings. When a man touches and rubs his penis to make it feel good, he will also get an erection. This is called masturbation. For more information go to the fact sheet called 'Masturbation'.

If an erection happens when a man does not want it to, like in the bus, or on the beach, he should try to think about something that is not sexy and the erection will go away.



When a man feels very sexy and he masturbates or has sex, he may ejaculate. This is when white sticky stuff called semen comes out of his penis when it is hard. Some people call the white sticky stuff that comes out of the penis 'cum' instead of semen. But semen is the correct word.

When a boy or man wakes up with semen on his pyjamas, it means his penis has become hard and he has ejaculated when he was asleep. This is normal. It is called having a wet dream.

Scrotum and testes

There is a bag of skin that hangs down behind the penis. This bag of skin is called the scrotum. Inside the scrotum are the testes. Some people call them balls because they feel like two balls inside the skin. Some people also call them testicles.

Anus and buttocks

Behind a man's testes is his anus and buttocks. The anus is where faeces come out when he goes to the toilet. Faeces is the correct word for 'poo'.

Pubic hair

Hair grows on different parts of a man's body. Hair that grows around his penis and anus and on his testes is called pubic hair. He may also grow hair on his face, under his arms, and sometimes on his chest and back.

Private body parts and private places

A man's penis, testes, anus and buttocks are all his private body parts. Men and boys should keep their private body parts covered unless they are in a private place. It is OK for boys and men to look at their private body parts and to touch them as long as they do this in a private place. It is not OK for anyone else to touch a man's private body parts without his permission.



What you need to know:

- Every man's body is different. However a man looks is OK
- A man's penis, testes, anus and buttocks are all his private body parts
- Every man's penis looks a bit different. However a man's penis looks is OK
- It is OK for you to look at your private body parts and to touch them as long as you do this in a private place
- It is not OK for anyone to touch your private body parts unless you want them to

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