

## We know it can feel super awkward to visit a clinic...

...but we always try our best to make you more comfy!

In your appointment our friendly clinicians can talk to you about anything to do with reproductive and sexual health, like STI testing, contraception and pregnancy options.

Our clinicians will treat you with respect and care during your visit. We will listen to your concerns, complaints and suggestions and take them seriously.

Remember, talking about reproductive and sexual health is a normal part of what our clinician's do every day. Try to be honest and open, and trust that they have heard it all before and will be able to help.

## BODY TALK

Take a look at our Body Talk website for more info about relationships, contraception and STIs.

[bodytalk.org.au](http://bodytalk.org.au)

## PRIVACY & CONFIDENTIALITY

What are your rights?



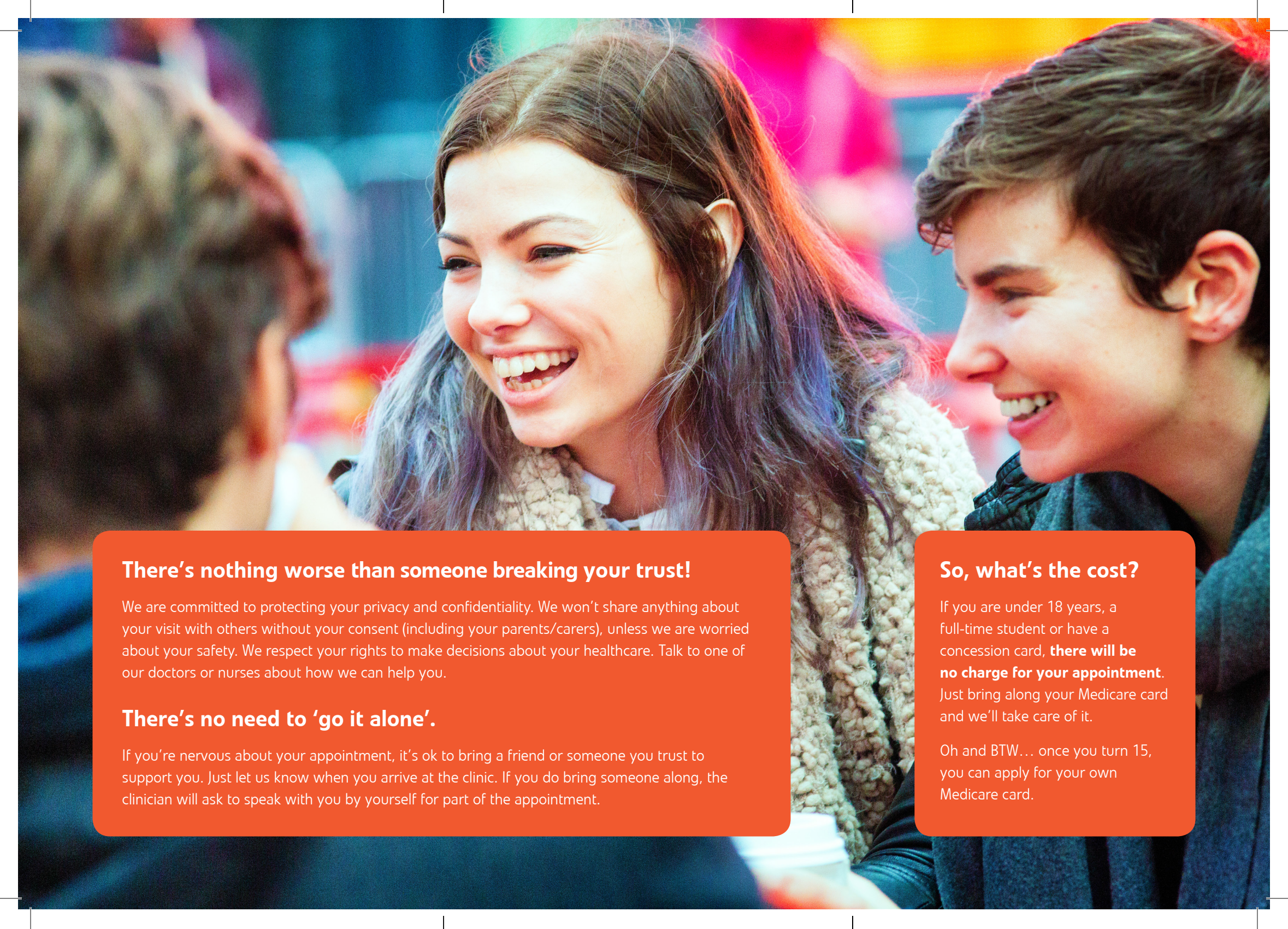
family  
planning nsw  
talkline 1300 658 886

Reproductive & Sexual Health | Information & Referral

Still got questions? Call, live chat or email our Talkline service.

To organise an appointment at one of our clinics, jump on our website

[www.fpnsw.org.au](http://www.fpnsw.org.au)



### **There's nothing worse than someone breaking your trust!**

We are committed to protecting your privacy and confidentiality. We won't share anything about your visit with others without your consent (including your parents/carers), unless we are worried about your safety. We respect your rights to make decisions about your healthcare. Talk to one of our doctors or nurses about how we can help you.

### **There's no need to 'go it alone'.**

If you're nervous about your appointment, it's ok to bring a friend or someone you trust to support you. Just let us know when you arrive at the clinic. If you do bring someone along, the clinician will ask to speak with you by yourself for part of the appointment.

### **So, what's the cost?**

If you are under 18 years, a full-time student or have a concession card, **there will be no charge for your appointment.** Just bring along your Medicare card and we'll take care of it.

Oh and BTW... once you turn 15, you can apply for your own Medicare card.